

In summary, the Buddhist precepts are to commit no evil and to perform all good. Any act harmful to one's physical or mental health, family, society, country, to humanity, or to any sentient being falls under the scope of five precepts, and therefore should not be committed.

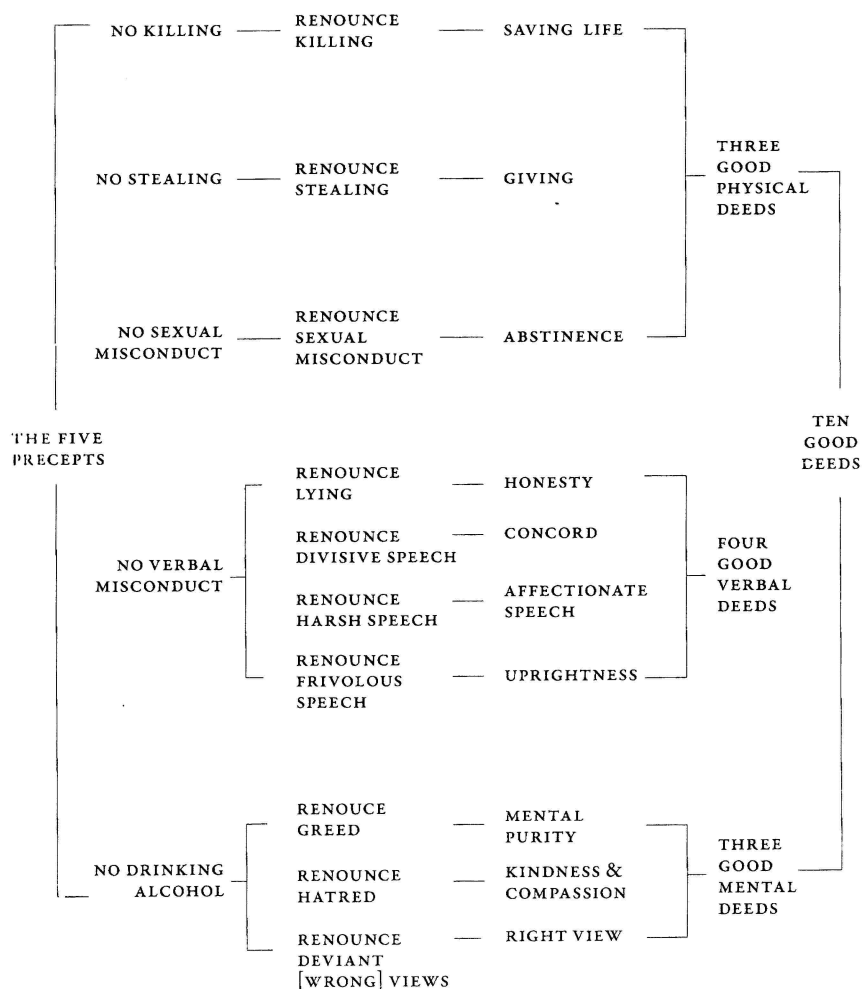


FIGURE 1. THE FIVE PRECEPTS AND THE TEN GOOD DEEDS

Source: Yen, Chan Master Sheng. *Orthodox Chinese Buddhism: A Contemporary Chan Master's Answers to Common Questions*. Translated by Douglas Gildow and Otto Chang. Edited and annotated by Douglas Gildow. Elmhurst, New York: Dharma Drum Publications, 2007. (Page 27.)